From New York Harbor, Zander and his crew sailed but never without a plan, never without communication, and never in a way that left Mariah standing alone, wondering if she mattered.

Sometimes, Mariah joined Zander and crew on a trip. At first, cautiously, but she learned the rhythm of the ship, the language of the water. Later, confidently, standing beside him, she was not a passenger but a partner.

“You trust me with this?” she asked once, her hands steady on the wheel.

“I trust you with everything,” he replied.



Time moved on. It was not rushed, not stagnant. After a year, their first child arrived on a quiet autumn morning, a son with Zander's eyes and Mariah's good looks. Zander held Robert Wells Martineau with a kind of awe he had never known.

"This," he said softly, "is the greatest responsibility I've ever accepted."



"And the greatest privilege," Mariah added.

He nodded. "Yes."

Mariah continued, "Zander, think of what we both have done. There is nothing more glorious than a man and a woman being part of creation. No PhD can create new life. Men and women scientists can clone life from something that is already alive, but no PhD can even create a mosquito from scratch. But we have been part of the process of divine creation."

“Zander, there is nothing greater. Through a plan we don’t understand, our bodies made a human. Also, Zander, as sure as the sun rises each morning, you will be a great father. There is no one I would rather have for the father of our children.”

Zander said, “Mariah, talking about something divine, you are my divine woman. Thank you for our son, and thank you for your confidence in me. You have taught me a lot.”

More children followed. Mostly good feelings came, yet a few bad ones rolled in like a harbor wave. But varied emotions added to the laughter that filled their Brooklyn home which was sometimes chaotic, sometimes overwhelming, but always alive and worthwhile.

Zander told stories, not of escape, but of courage, of choice, of storms faced and decisions made. Mariah taught structure, wisdom, integrity, and discipline. Together, they created something neither could have built alone. The children kept growing. One time, as the sun set over the harbor, Zander stood once again at the rail of the *Northern Star.* But he was not alone. Footsteps approached from behind him.

“Daddy,” a voice said, “will you take us out tomorrow?”

Zander turned. His children stood there, eager and curious. Mariah followed behind them. Her expression showed joy.

Zander smiled. “Yes,” he said, “we’ll sail together. But you must know this: I can’t sail tomorrow because I can’t sail alone. I need the crew. If Mariah will give me some dates, allowing for three or four days on the water, I’ll get our food and the crew ready, and we’ll all go to sea. I would love that. We can have a lot of fun on the *Northern Star.* In addition to good food, our trip will have beds, music, laughter, games, even dancing. I’ll dance with your mother.”

Zander looked out over the water, still vast, still free, and he wanted his family to learn and to love sailing when the time was right. But he would teach his family the importance of balance too: do some sailing, do some homework, join the soccer team at school, create birthday parties, help the family do the dishes, help the neighbors mow their grass, learn to cook meals at home, learn to do one's own laundry, etc.

Zander said to his family, "I have learned balance, discipline, and kindness from your mother. And now, that is the adopted standard for our Martineau family: Balance, Discipline, and Kindness. Yes. We're the B D K Martineaus."





In life, things always change. People change. Mariah fully intended to return to her practice of law, but first, she followed her greatest priority, that is, to support her children and to practice making recipes that pleased her family.

Years passed. The children became teenagers. At dinner one night, Mariah said, “Zander, do you think you might sell the *Northern Star* someday? It’s not used very often.”

Zander replied, “Well, at this point in our lives, I don’t want to sell her. She’s one of a kind, a perfectly unique ship, and she interests a lot of people. I’m hoping the boys will choose to get their commercial captain’s licenses. Also, when the boys are qualified, I hope they will start a business for small groups who want to experience sailing on three-day trips on the *Northern Star*.”

“But Mariah, guess what? After fishing with Pete last week, I have a strong new desire. I want to get a fishing boat and take all of you fishing with me. Once you hook and land some fish, you will be hooked on fishing.”

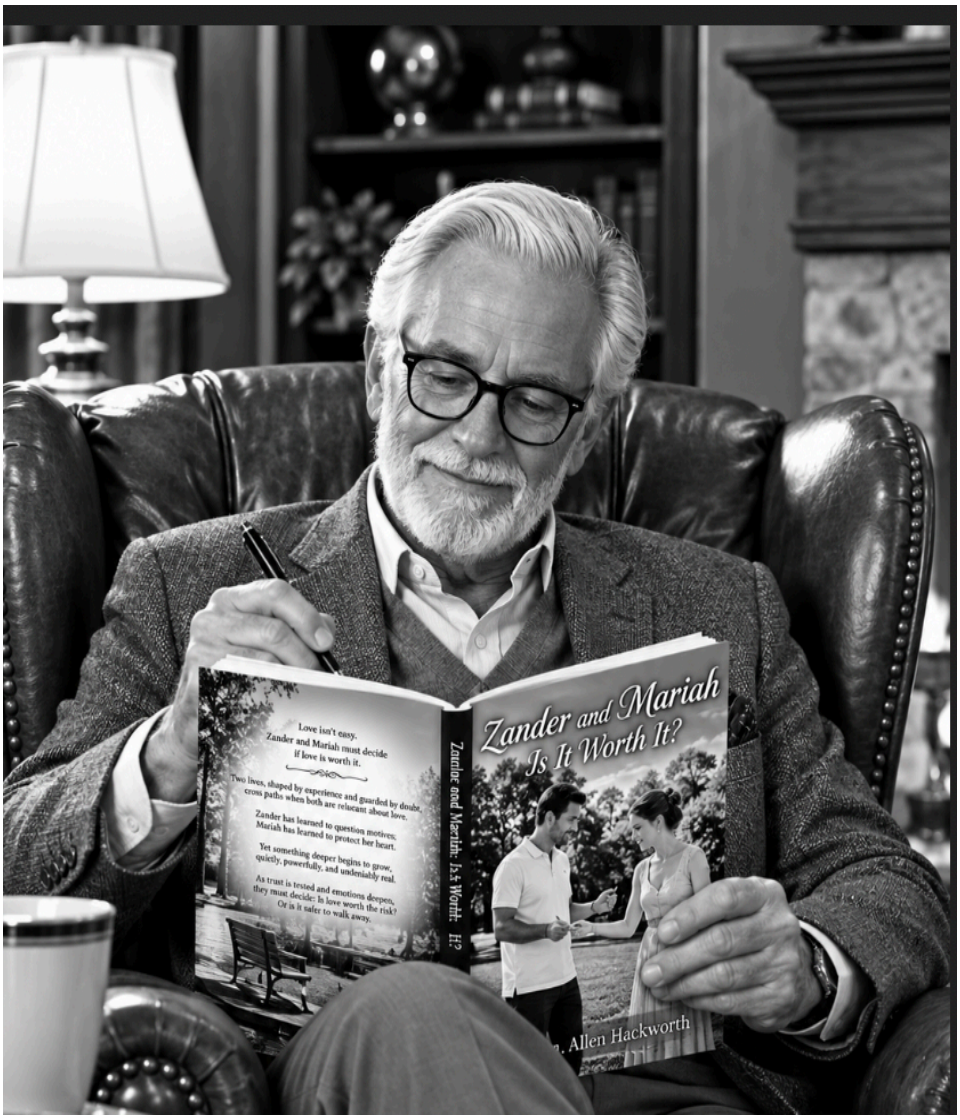
Zander bought a second boat, and he bought fishing gear for the whole family. They fished together nearly every week in the coastal waters. They did catch fish, and they all did get hooked on fishing. It was always fun for them to give fish to their friends and to people who were needy.







YES, IT IS WORTH IT.



Word-Search Puzzle Instructions

1. Read the list of 20 words for each puzzle.
2. Find and circle each word in the puzzle grid.
3. Words may be hidden horizontally, vertically, or diagonally.
4. Words can be read forward or backward.
5. Words may share letters with other hidden words.
6. When you have found all 20 words, you have completed the puzzle.

01. A Boy Dreams of Pirates

P C A P T A I N T S A I L O R A L K W H
R D D Y P M M M A E R D V A D B I R Q D
O D B O D O O H D L I H C V P N D U J V
M V O L M G C A Z K T X E C D H G E B Y
I S Z S O R M K T T X N A N P W M H F Y
S V X W D E V M U A T S E P H X E O D B
E F H T E R D Q H U Z S H Q G B T N E F
N F S Q E O H S R O S B E K S L Q E X D
O Z H X R L V E O F G E E S P R A S V D
I B I O F P A X X J J H Z G E D N T E E
T T P Z N X O C E A N B G R A X E Y U C
A I Y F L E S K D N K M A T S R R P Z O
N M H I B E O Y O E U F L U P O U V Z M
I U T V I D Y X R P A P T I U B A O O P
G I T V O I L U J E Y C R D O V F G C A
A S O L S Y S J S E B A H P F D P R N S
M M L E R A A Y B R T L Q G Y O O P R S
I Z E U E U L G X E R I S E T A J Y N H
K M Y R M K U E E Y V C N I M P Z U W D
Z B T K U O S G P A Z Q V B S O C J A F

WORD LIST

ADVENTURE
CAPTAIN
CHILDHOOD
COMPASS
COURAGE
DREAM
EXPLORER
FREEDOM
HONESTY
IMAGINATION
KINDNESS
MOVIES
OCEAN
PIRATE
PROMISE
SAILOR
SEAFARER
SHIP
TREASURE
VOYAGE

02. Growing Up With Wealth

F P O U R E S P O N S I B I L I T Y N P
A A R G E N E R A T I O N S I R U T R N
N R W E K C K E C N E U L F F A M I B M
Z Z V C H W N V A K G Q E I D T V Q E K
A Q N Z R T H A F N A Q S M G I X S P A
B Y Q T E S A A T X B G Y Z L O Y R W C
J Y Z B R U T F N I N F G E I Y O P F J
Q A A G C H A Q D I R O G E Y P K B J G
U Q B W E N K T V N Y E I N E I C U V T
L I K R X A Y A J T A D H R N O C S X L
I W R U S V S I I T Y R T N W E L I C F
I W R S S F G R P E C Y G Q I L Y N K H
X Z E X J Z E K L X A X G K E L R E Z U
E T S G J P E V L A G V F W Z H G S H F
S Y O C S W S E V S E P L E O D M S O W
F A U O F A M I L Y L I I T S S D R L L
N K R K W M B Y N S O T P P B M T V N K
A P C S T N E M T S E V N I U U Z F M O
P L E C H O I C E S Z O L W N C X J T Z
K B S T D K W S J V U S S E U B P O M B

WORD LIST

AFFLUENCE
ASSETS
BUSINESS
CHOICES
FAMILY
FATHER
FORTUNE
GENERATIONS
GRANDFATHER
INHERITANCE
INVESTMENTS
LEGACY
OILWELL
PRIVILEGE
PROPERTY
PROSPERITY
RESOURCES
RESPONSIBILITY
SAVINGS
TEXAS

03. College Years

T R O S S E F O R P O T S A K L Q P G B
E Z P E D Y O Q S L R L N L G T D C C P
Y H V K V I I E R N B A R G X W E E D U
I Q E V U J M I Z J D A L S J M G S C S
E J W F Y E A B Z H C Z A E M H R J G Y
O H B G S Q C Y Z F F Z N S I F E B N J
B C K T A Y R A R B I L K L E K E O G N
A O E Y Y C L A S S E S U Z E L I E O X
R R I C S F E I A Q Q X F C R T S T Y U
H C R A E S E R C O C C N O A A E K Y V
B L E S T U D E N T R E O C J B B H P U
J Q U R C N R X A Y I M U F O U P Q N K
G I Q L U D O V Z C M D H O N A L C R L
Y R M C P T B I S A E S K Z R H A O O E
O J M Z V E C S T F P O E G D R W B T A
Q I S G E S L E W I Q A O L E E P B B R
T S K W T H D Q L E U E X E M O U N H N
G J R C A M P U S T G T R O B R O J M I
F G P A M O L P I D D Z H D W L O A O N
J K B Y T U E H N O I T A U D A R G A G

WORD LIST

CAMPUS
CAREER
CLASSES
DEGREE
DIPLOMA
EDUCATION
GEOGRAPHY
GRADUATION
HOMEWORK
LEARNING
LECTURE
LIBRARY
NOTEBOOK
PROFESSOR
RESEARCH
ROOMMATE
SCIENCE
SEMESTER
STUDENT
TUITION

04. Pete Fisher's World

G O P D Y T I S O I R U C O B M S G N J
N X U N C V Z H T O N Z S N P O C R B K
E E S U Z Z X D J Z W Y U T S D X S V A
C H C C B C B B T B M M L D A T I N G Z
N T P N S B R P L L B M R K J L E K C R
E A T Y Z L B B T E U W M Y O G D B I V
D F W O K O Q W R Y E T Y R O O K B K Y
I I P R D E M S N E A Z I A R J R F Y N
F S U R I R T P I H S D N E I R F B T O
N H Y G N E C O N V E R S A T I O N I I
O E L D N T K J H U M O R D A L D E N S
C R A G E H Z N T S C M A R B H P A U S
B T Z N R G B F O X L A P T O P D F T U
A Y Y A C U E M T I K B C X J D W M R C
P M D D M A C C L Z N J R O B H S A O S
D P U V Z L U F G H A A R Z S L P Q P I
R F M I X H C I A F I J P N C F E G P D
K X R C Y T L A Y O L N J M E P T I O E
C J J E H M E K B D V V Z Y O T E L B N
C I N V I T A T I O N C E P L C H M K L

WORD LIST

ADVICE
BROOKLYN
COMPANION
CONFIDENCE
CONVERSATION
CURIOSITY
DATA
DATING
DINNER
DISCUSSION
FISHER
FRIENDSHIP
HUMOR
INVITATION
LAPTOP
LAUGHTER
LOYALTY
NUMBERS
OPPORTUNITY
PETE

05. A Future Captain

R Z P C S C H A R T S P M D Q F E A D O
H C E E L M Y L Y Y J T G Y A R A G O S
S W X R H I P B R T Q S E K I V N I I H
S C A T N H C L V E W U D S B I L M H C
E M M I U O A E Q F J X T I N B Y M S O
A F I F O U I Z N A W U W I B T G E I M
M M N I Z G U T Y S D D A Y S Z M W N M
A K A C N Z E Y C Y E R E S O I P A E A
N A T A S H D N G E T I E C T I V P L N
S X I T P R U X I I R N C I I I A E H D
H F O I V R V L H L I I R R G T A U C Z
I G N O W I E H N D P A D A E D C E Z U
P X N N Z V D P A O M I T S E O D A D V
W K Q I Q V E E A A C I C R S R F A R W
Q H N J T O R R Y R O S S S M Q W Z X P
Q W V R D S U R L N A H L G I H I R X O
K C K A F E E A J E I T D Y L D Q J B P
V J K C Y M D T W P P N I C T Y K D D E
R C R S T E E R I N G Y P O P Y R Q K A
K C C O M P E T E N C E H Q N I F Z K L

WORD LIST

CERTIFICATION
CHARTS
COMMAND
COMPETENCE
DIRECTION
DISCIPLINE
EXAMINATION
LEADERSHIP
LICENSE
MARITIME
NAVIGATION
PRACTICE
PREPARATION
READINESS
SAFETY
SEAMANSHIP
STEERING
STUDY
TESTING
TRAINING

06. Building the Northern Star

Z U G E V N J G N I N E T S I R H C J U
T E A K Y Y D M P K W C E F C Q Y V D K
U Z C W G B X R L S S O N V N T E T Y J
O D M C O V A J A X Q G A V L I L H B G
G E X K O O S K O Y O Z Q T A M L K S V
N S X Q Y N D Q H J P T M N G B A M L G
V I B W V J S W H U N I G O J E G W H G
E G R X U V A T O I L S H E X R C F Q S
S N U K Q I Y B R R U L O S A R A G E W
S G D S I G Q P F U K Z Y H Q R W N U T
E N D S Z H E L N G C K C E D C B W W H
L Z E Z Y U M N Q E M T R L W J U O N T
O V R Q L C E G R Z M G I Y F A L R X V
X J Q B T N V N U N B S N O Z W J Y M G
K F J G I Y J C I O T A T I N C C Q V N
U Q S L A U N C H G T G R F G U Y Z G I
P S Z S Y B V X T L N P Z G A G U Q W Z
I K P T F N L H X V M E M C O R I U C Y
C P K M G A K K E C A B I N H X C R T G
A U T O O J A N S S A R B W S H Q Q Y Q

WORD LIST

BLUEPRINT
BRASS
CABIN
CHRISTENING
CONSTRUCTION
CRAFTSMEN
DECK
DESIGN
ENGINE
GALLEY
GEARBOX
HULL
LAUNCH
RIGGING
RUDDER
SHIPYARD
TEAK
TIMBER
VESSEL
WOODWORK

07. A Ship's Exterior

G N R I W I E I I F T O B A R L C O L H
V Y K H B G P R D U N H Z G Q A U F J E
L Q W R A I L L R H R D W S N V L R J N
I S B W C T S T E R N W D V G A U Q R D
L M L C A Q L J Y M M A A Z G O G X H D
C T G I F S U O S B I S W G R X Z N U E
L X Y O A L K R F M F C H B Y O I E M Z
P L I C P S D V S P S E H C T A H D G Y
U X E S J K C U O U H Z N L T M M O A M
L K C Z D K T R E P I Z G D O M N O Y W
L S K N A L P A X J P C D C E C G W N W
E P Q Z J W S P O R T H O L E R H P P B
Y M U N C L B E D D M Y A M K G W R G P
S R T F E O L S P N L X S W X L E E K Z
J V U S W Y L M K O V Q S X I V H Q C O
A N S M A I U G Y Z R R S B K E X L M B
L L F R Q M G A N G P L A N K K N N D Q
B M O O R I N G N V R E D D A L M V G A
A A D C G M U T P N X X Y P T D F C C G
C F O T I R P S W O B R O H C N A C E N

WORD LIST

ANCHOR
BOW
BOWSPRIT
CANVAS
FENDER
FLAG
GANGPLANK
HATCHES
KEEL
LADDER
MAST
MOORING
PLANKS
PORTHOLE
PULLEYS
RAIL
ROPES
SAILS
STERN
WOODEN

08. A Ship's Interior

F M U B Z L S A G S J W J X P W M G X M
R C O U N T E R K B W Z H C E Q Y L R E
B I A D C D E F P K I T C H E N L J Z R
T K X C U S H I O N S T T A B L E A Q L
G C N R G A G H V G C I S X Z C Y I V U
U F U R N I T U R E T J G V P A W N W R
U G N I T H G I L T Z R N D Q W Z T F T
Q R J K Y E J K M R M A I G K B T E Y C
B E O V F U W Z C O A C N D Y X H R V O
V W G J N X B W Q T O M I X Z A U I H M
M J Y A N F X B I U L R D D V P Y O Y F
C C T H R O X Y U I X F H H E M F R R O
U S P E C O G T I N Z P C S D F Y Z T R
P F S S K M T X S J K P S O A X W D N T
B V G E H J Z S S Y C S Y L R W V C A D
O R S A V T W M O O R D E B F R Z K P T
A R M G C L R Z Q U B B O N A E I V X Q
R T L F B J E E S T E K N A L B V D D I
D O C U X K M H B D E Y T D Q H S J O V
S G W T A O P U S S E R T T A M M V X R

WORD LIST

BEDROOM
BERTHS
BLANKETS
BUNKS
COMFORT
CORRIDOR
COUNTER
CUPBOARDS
CUSHIONS
DINING
FURNITURE
INTERIOR
KITCHEN
LIGHTING
MATTRESS
PANTRY
SHELVES
STORAGE
TABLE
WASHROOM

09 New York Harbor

W J O P S X Z Z P C L L U G A E S S J W
N K I B R I D G E P G A S B P N A D T P
T F O W A T E R W A Y C I W I M I S E G
E H A R B O R W X G I R P F A M C Q F L
G V D Y E Z S Z X H N T H R I J I C E V
R U M P I E R V Q I A O I W N D F Z M L
E V V B V W K M I O A N H A C T F H U A
I P T E I X M P B T A S T U I G A O I N
Z O X D C R R G M W K T R N N U R G B I
R A N S L A U M H I A R T E E U T Y V M
S X F X K T Q O P H B E Y B W R E O E R
R K O H G N D H N X L V C Q U O R U E E
Q E V O N X O A K P P I E T U S T U F T
S R D Y S O M G D Z J R M W P N D B C E
X O L W A T E R F R O N T H I H M O P L
V H W H A R F S K Y L I N E M D I J C H
O S K X S C N A V G Y F E R R Y R Z W K
L P H A C W Q R V J X E D A N E M O R P
T T P O A F N Q R B X D D J E C C M B B
R P W U W D U W P Q G V Y K Z X I R L Z

WORD LIST

BRIDGE
CURRENT
DOCK
FERRY
HARBOR
MANHATTAN
MARINA
PIER
PROMENADE
RIVER
SEAGULL
SHORE
SKYLINE
TERMINAL
TOWERS
TRAFFIC
TUGBOAT
WATERFRONT
WATERWAY
WHARF

10. Ready for the Maiden Voyage

L G R M Q I N Q N D O E C R F A S D T R
R E F R E S H M E N T S X L E W M E M J
L Z Z U F A R E W E L L O H N P U P I H
Z O F W J I R A I H I R G C G A B A A E
C G F O R E C A S T I H W L N Y Q R M U
O Y W E L K K D I D I G D I Y T I T I A
J X J K F W G J A Y K N E T U H T U Z M
O N I O N S C M N E H I P N C V I R Q U
O N P H O V T E C N L K A E R R N E S S
V E I S J S D W P R V C R M E Z E D W T
Y Z C W E I C O I U M A T P W E R A L A
C B Y X A H G H H O Y P U I V S A Y D R
H A H M K Q C K E J S D R U X Y R D Y D
E N S U G Q J I X D Q E E Q N L Y I W S
C C C E X M V V W H U U L E F U I R I U
K V K Q L B E R R D M L F K X I V D J T
L B L Y P Y E B K N N M E O C N B D T Q
I A Y R J G Y Q J K V A O H U I P G D W
S N S U P P L I E S U H S S W D P M V X
T T A H M Z O R I L O D C R X Y H L R O

WORD LIST

CHECKLIST
CREW
DEPARTURE
DEPARTUREDAY
EQUIPMENT
FAREWELL
FLORIDA
FORECAST
ITINERARY
JOURNEY
MAIDEN
MIAMI
MUSTARD
ONIONS
PACKING
PICKLES
REFRESHMENTS
SANDWICHES
SCHEDULE
SUPPLIES

11. Life With the Crew

V F H E Y H P E O D J B C A H A P O A Q
W Z G I J T N S A H K O V M S E F F D K
O Y G W R J U E M J O O R D E R S Q W M
R C E U F E H D X P X U C O K R I H R T
K A R P O A C O E A R E S R R C L E W A
M M L P Y S T R S C F E U I T B S J B R
A A E N C W A K P F M Q C A N T V Y Q R
T R C F N T W V N K F L M E E G S K O Y
E A M P I U U X T F I H S E H R Z U T Y
S D T O A S K I L L L T H R N B T I H R
X E N Y T Y Q N W G E R K J R I L N R A
M R Q V P L N Z Q F E Y N V N I D P K P
G I Z H A Z K T F U N L B E B M U O J O
H E I Z C Q E O W D W A A A J V E B R D
N B E T D A R B C I S M I R V W Q A W L
A S I Q M T U H H E C L P V O H W I L H
V A B W F C N Q G N E I A G S M O Y E S
U Q O C L K E A O R R E S P E C T Z F A
U R D E B V W N A C A I J X T R P T E G
K K I P J K L B Z E C I V R E S Q F R Z

WORD LIST

CAMARADERIE
CAPTAINCY
COOPERATION
DUTY
EFFORT
HOUSING
MEALS
MORALE
ORDERS
RELIABILITY
RESPECT
REST
ROUTINE
SERVICE
SHIFT
SKILL
TEAMWORK
WAGES
WATCH
WORKMATES

12. Basic Sailing Words

P N Q Q A T O N T Z V S G S T E V N B Y
D B U E O L I D Y Z B N M X N V B V B K
R M F U Q T H D R D I A A U B B E W D Y
B S O F J P R V E R K S B N R J K S U A
T O T M Z L Q I A I R I W A V I O I N W
I J K A C S M E M F U H U F T R L L A E
Z K Z N R C B Z Y T W G X V K N C F E E
J C O K W B A C A B E H Y V G S B Q B L
H A K N O T O F U G Y F X N U L X V O Y
R T D K E X P A F Z H C N Y N D N N O B
U B P H S O G C R H G N I D A E H P M M
U R Q E R F H A T D Y R Z H O U O H D A
P Y T T U J Y N V Z U P X L J C N Z K I
A Q D M O P V W X P L G Z M U V N U X N
B D I N C S L N A C I B I R K S C K X S
C X V D I U Y M H V E Z R O K L F I E A
O O J V L W G T E R E E X E L N B B E I
J G L N O F Y S L D N O J V B I F T Q L
I D L F B C K S M T K N V Q D I A G R V
H F O I T J H S Z B I J U G W M J S V P

WORD LIST

BEARING	HEADING	LEEWAY	TACK
BOOM	HELM	MAINSAIL	TIDE
COURSE	JIB	PORT	TRIM
CURRENT	JIBE	SAIL	WAVE
DRIFT	KNOT	STARBOARD	WIND

13. Navigation at Sea

H R J N B F Q S G N I D N U O S R X Y A
T G W T N K N H S Y B Y L A N D M A R K
R B N A C Q C G T U X Q J K S N G D S I
O M I G O Q N Y W U R V Q E A A V I J L
N G I G Y I N G R I O V Y K I I N S J F
S K I T T P W B F R F S G V T D H T Q S
S M J T O G M I A M W A F L I I X A G A
E S O R S S A P M O C U O N L R L N L Z
T L W C D B Y X P B Z N N O M E O C K I
P R Q O E C C N X K G S Y Z T M E E G M
P Q E O M N S L T I X S J I N O W B H U
A O B R L G R J T E H V I R I F L D D T
Q L S D F R M U D N L L M O O Z F K T H
I H U I O C D I W Q A A Y H P L B S R S
B O R N T E S G D E A T I K Y N E L I T
G Q O A R I G A I U P I X E A W K M G S
M Q U T V B O T U Y N T J E W O S W R A
G F T E I X A N V I S U Y Z S D D M K E
J I E S O L Q J T U J D P Q U B A C K K
M E Z E R W E L U Q V E S E Z P I E N B

WORD LIST

AZIMUTH
COMPASSROSE
COORDINATES
DISTANCE
EAST
HORIZON
LANDMARK
LATITUDE
LONGITUDE
MAP
MERIDIAN
NORTH
PLOTTING
POSITION
ROUTE
SEXTANT
SOUNDING
SOUTH
WAYPOINT
WEST

14. Weather on the Water

O K Y M L D N I W D A E H U C Q X O E H
Z A R W M F U F I Y T H U N D E R A N P
C Y P P L C D X J C O M P S N U H B P M
C F V N F H X T L V R T E L I K B N G X
K H G R Q X E O A O F Y J E W G U S T N
F C K X F Y U P T C R B X R L N Z R M S
M J T N F D Q S I D G L T U I C N R Y U
D P B S L I G H T N I N G S A O C M M D
T E M P E R A T U R E N C S T R I G C W
T G N I T S A C E R O F Q E B S M X U K
P R G K V B I Y G H H L P R T I T J C G
C U C C A L M T S C D C E P Y V I A Z Q
X O W B V Z S Q U E D C E O B A G I T R
Q P T L X K Y H O J A B W E U C T Y Z B
Q N B A F L X P T Z J S S Q U A L L R X
O W O K L O U R Q B K R P S C Q V E G Z
C O T N D V G E H Q B K Q R K R E M P O
N D A G Y T I L I B I S I V A Z N U C Z
Y E N I H S N U S F H Z Z Y E Y I W M N
K S R A I N T S R I D Z U S V E A R I S

WORD LIST

BREEZE
CALM
CLOUD
DOWNPOUR
FOG
FORECASTING
GUST
HEADWIND
LIGHTNING
MIST
PRESSURE
RAIN
SEASPRAY
SQUALL
STORM
SUNSHINE
TAILWIND
TEMPERATURE
THUNDER
VISIBILITY

15. Sailing Challenges

R R E S I L I E N C E Y I I O V N N D K
T Q Y V I E S H F L S L O O K Q S O R F
C E E X H Q H Y J M U P B K C Z Q I K W
S S E N T R E L A I C G T U K Y I T D X
G Q X Q U V C G B K O G Y N O T N A N U
Y I S A U A T U N D F K R Q C R R N N O
T N H R U A R F E C N E I T A P T I T E
D S X T I D H O W C N O I S I C E D E A
E D I E G J R V F K Q G E E P E H R F Z
C O B C Z U E S S P H C N W G W Q O W F
N C N N D S H B L Z N D R J G F X O T P
A H J A P T Z L T A U D F E X Y E C L F
R A W L B M H E L R W Q D X C O G A Y O
E L D I X E D A A H O L X F A O N F O Z
V L D G I N B N V T I M I N G N V G C R
E E N I D T C M E V Z G Z Z I P G E K F
S N A V Y E V M C F K B X N B W G P R T
R G Y L A V I V R U S S G A Q O J O P Y
E E R F Z A U E S N O P S E R H Y P V W
P T N E M G D U J A W P R J C M F R N F

WORD LIST

ADJUSTMENT
ALERTNESS
BALANCE
CAUTION
CHALLENGE
COORDINATION
DECISION
ENDURANCE
FOCUS
JUDGMENT
PATIENCE
PERSEVERANCE
PLANNING
RECOVERY
RESILIENCE
RESPONSE
SURVIVAL
TIMING
TROUBLE
VIGILANCE

16. Ocean Adventures

S P R E T A W T L A S E N I L E R O H S
X A R G E F N Y Y D I S C O V E R Y A K
T S X B O H S E E X P L O R A T I O N Z
A S J G Q E B G C U U K A T L A N T I C
Y A W V A G R G A J T S B L V Q H Z R M
G G U P K M Z F N Z O U I A T H L N S D
S E O F P G O P E N S E A Z Y G F O U M
B R X J D A Z B O S U N R I S E I I N X
T D N O I T A N I T S E D T Z H A S S Y
I I B E O R E N W M P W T S A O C R E Y
H U T O M E D I T E R R A N E A N U T B
E X P E D I T I O N R P R E G E P C S O
R P T Y Z U Z G Z A O K F N H T I X P A
G N I S S O R C R H C Z F D B E Q E G B
B U L Z W A X Z E M W G O N E L J F L G
S S Y Q Y O G A N Q M Q G A O N C K T Q
S S K I E T I O S P K V P L I I F R P C
K G I H O C J G J U F T U S F I P R I S
H O M E W A R D L D Z C K I P B P Y E L
N E B S X B V M T V V D V S J J H Y C G

WORD LIST

ATLANTIC	DISCOVERY	INLET	SALTWATER
BAY	EXCURSION	ISLAND	SEAPORT
COAST	EXPEDITION	MEDITERRANEAN	SHORELINE
CROSSING	EXPLORATION	OPENSEA	SUNRISE
DESTINATION	HOMEWARD	PASSAGE	SUNSET

17 Historic Sailors

E K K I V O R S Z Y P P Z F B N P N Z R
Q N R K O R E P P I L C O X A A O X O U
V Y Z Q N I F I Z N K R Y R X M S U D U
G A M L O O K O U T E C S Z B Q C Z J W
N G D B I A S C G S C J O P C O M H Z N
I R Z I M H D A A L O P Z L A E S J S X
Y F S O X R W I F F Q Q L J B R H J N B
A K H H A I L C R O W S N E S T N O Y R
L K O Y I T A S H E E T U Z X K E Y N S
E Y L X V P I H S L L A T R L L H A N J
B A A B E B M F H X W Q T N L K T M E X
H F S N T E R A R H I W H A D S S J I S
O B Y F L M A I T I D S G Z P R C H U R
R M A K J J N N G E G F C A I Y K S K N
Q R C H I D E A G V M A C H G W E J R I
F A P L I C Z E U H T M T U O A W R E M
T D P L T O Z Y Q C R J O E L O E U E G
H R L F U U I W C G O J O X P P N L B O
R A N N H L M I T Q U A R T E R D E C K
F Y I J E L E E U Z I M I L P T W Y R L

WORD LIST

BELAYING
BLOCK
BRIG
CAPSTAN
CLIPPER
CROWSNEST
FORESAIL
FRIGATE
GALLEON
HALYARD
LOOKOUT
MIZZEN
QUARTERDECK
SCHOONER
SHEET
SHIPMATE
SPAR
TACKLE
TALLSHIP
YARDARM